



# PSHE - Progression of Key Skills and Knowledge

EYFS to Year 6 PSHE Association PoS and One Decision coverage throughout school

<b>EYFS</b>		
<b>Health and Wellbeing</b> (Keeping Safe, Healthy Lifestyles, Growing and Changes)	<b>Relationships</b> (Feelings and Emotions, Healthy Relationships, Difference)	<b>Living in the Wider World</b> (Rights and Responsibilities, Environment, Money)
<p><b>Early Years Portal</b></p> <p>In Early Years we focus on quality first teaching adhering to Development matters and focusing on the PSED and Physical Health and Self Care areas. The Characteristics of Effective Learning support our Growth Mindset teaching across the school. In addition the One Decision Early Years resources have been designed to meet the needs of the Development Matters Framework and cover a number of key areas but, in particular, elements of PSED.</p> <p>Students are guided through the Early Years resources by the colourful Rainbow Drop characters. Throughout these resources, the Rainbow Drops will go on many adventures and learn a lot about the wider world that they live in. Floor book discussions are recorded in our class PSHE book.</p>		
<b>Year 1</b>		
<b>Health and Wellbeing</b> (Keeping Safe, Healthy Lifestyles, Growing and Changes)	<b>Relationships</b> (Feelings and Emotions, Healthy Relationships, Difference)	<b>Living in the Wider World</b> (Rights and Responsibilities, Environment, Money)
<p><b>Keeping Safe</b> <b>How to ask for help if I am worried Link with wellbeing workshop</b></p> <ul style="list-style-type: none"> <li>Children should identify key adults at home and in school that they could ask to help if they were worried about something</li> </ul> <p><b>Keeping safe at school and at home</b></p> <ul style="list-style-type: none"> <li>Household products, including medicines, can be harmful if not used correctly</li> </ul> <p><b>Keeping safe at school and at home</b></p> <ul style="list-style-type: none"> <li>Household products, including medicines, can be harmful if not used correctly</li> <li>Identify key dangers and how to remain safe</li> </ul>	<p><b>Feelings and Emotions</b> <b>Recognising feelings in myself and others</b></p> <p>Feelings Check in Colours and scaling</p> <ul style="list-style-type: none"> <li>How to recognise how I am feeling</li> <li>What should I do when I am feeling...?</li> </ul> <p><b>Sharing How we feel</b></p> <p>Wellbeing Workshop Monday and Friday Lunch</p> <ul style="list-style-type: none"> <li>Who should I talk to if I am feeling...?</li> <li>How can I recognise how I am feeling?</li> </ul>	<p><b>Rights and Responsibilities</b> <b>Class Expectations/ Group Expectations</b></p> <ul style="list-style-type: none"> <li>Identify why rules are important</li> <li>What do we have rules in school for?</li> </ul> <p><b>Everyone is unique-Link to Anti-bullying week</b></p> <ul style="list-style-type: none"> <li>How are we the same?</li> <li>How are we different?</li> <li>How do we identify these differences?</li> </ul>
<p><b>One Decision</b> <b>Baseline – Assessment guide - Road Safety</b></p>	<p><b>One Decision</b> <b>Baseline – Assessment guide - Jealousy</b></p>	<p><b>One Decision</b> <b>Baseline – Assessment guide - Water Spillage</b></p>
<p><b>Computer Safety</b> <b>One Decision</b> <b>Baseline -Online Bullying</b></p>	<p><b>Healthy Relationships-</b> <b>Link with mental health awareness weeks.</b></p>	<p><b>Environment-</b> <b>Link with weekly Gardening group</b></p>



<p><b>Healthy Lifestyles Keeping/staying healthy</b> <b>What helps to keep my body healthy?</b></p> <ul style="list-style-type: none"> <li>• What do our bodies need to remain healthy- physical activity, sleep, rest, healthy food)</li> <li>• What could happen if we don't have enough of these things?</li> </ul>	<p><b>Special People in our Lives</b></p> <ul style="list-style-type: none"> <li>• Identify special people in our lives and how they specifically help us</li> <li>• How can we show them that we are grateful for all they do for us?</li> </ul> <p><b>Secrets and Keeping Safe</b></p> <ul style="list-style-type: none"> <li>• Not keeping secrets that make us feel uncomfortable</li> <li>• Who can we talk to if we are feeling worried?</li> </ul>	<p><b>Looking after our environment</b></p> <ul style="list-style-type: none"> <li>• What can we do to keep our school clean and tidy?</li> <li>• What do we see on a daily basis that show us that we don't always look after our environment</li> </ul> <p><b>Looking after our environment- Garden and Grounds</b></p> <ul style="list-style-type: none"> <li>• What can we do to keep our school clean and tidy?</li> <li>• What do we see on a daily basis that show us that we don't always look after our environment</li> </ul>
<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Baseline – assessment guide</a></li> <li>• <a href="#">Washing Hands</a></li> </ul>	<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Baseline – assessment guide</a></li> <li>• <a href="#">Friendship</a></li> </ul>	
<p><b>Hygiene Routines</b></p> <ul style="list-style-type: none"> <li>• Why is it important to remain clean and hygienic?</li> <li>• LINK- School nurse/ washing hands</li> </ul> <p><b>Growing and Changing Link to Growth Mindset work Journey In Love</b></p>	<p><b>Valuing Difference</b> <b>Identifying Difference</b></p> <ul style="list-style-type: none"> <li>• How are we all different</li> <li>• Think about gender- what we like/ dislike</li> <li>• Different families</li> </ul> <p><b>Respecting Difference</b></p> <ul style="list-style-type: none"> <li>• Identify difference between us all</li> </ul> <p>Recognise the importance of respecting each other, even if we are different.</p>	<p><b>Money</b> <b>Keeping track of money</b></p> <ul style="list-style-type: none"> <li>• Why is money important in the world?</li> <li>• Show children money and get them to think about the different value</li> <li>• Link with Maths</li> </ul> <p><b>Saving and spending money</b></p> <ul style="list-style-type: none"> <li>• How can we keep our money safe?</li> <li>• When is it ok to spend our money?</li> </ul> <p>What things could we save for?</p>
<b>Year 2</b>		
<p><b>Health and Wellbeing</b> <i>(Keeping Safe, Healthy Lifestyles, Growing and Changes)</i></p>	<p><b>Relationships</b> <i>(Feelings and Emotions, Healthy Relationships, Difference)</i></p>	<p><b>Living in the Wider World</b> <i>(Rights and Responsibilities, Environment, Money)</i></p>
<p><b>Keeping Safe</b> <b>Keeping Safe in different situations</b></p> <ul style="list-style-type: none"> <li>• Identify risk in different situations that children are likely to be in during a school day</li> <li>• How they we stay safe?</li> <li>• How do we get help if we need it?</li> </ul> <p><b>Keeping safe away from home and school</b></p> <ul style="list-style-type: none"> <li>• Identify risk in different situations that children are likely to be in outside of school</li> <li>• How they we stay safe?</li> <li>• How do we get help if we need it?</li> </ul>	<p><b>Feelings and Emotions</b> <b>Identifying Different Behaviours</b></p> <ul style="list-style-type: none"> <li>• Introduce Scaling. I am feeling a (1-10) alongside colours</li> <li>• I know how to feel better</li> <li>• I know that I could feel worse</li> </ul> <p><b>Feelings can get hurt</b></p> <ul style="list-style-type: none"> <li>• Show children different faces and get them to think about what their emotions are.</li> </ul>	<p><b>Rights and Responsibility</b> <b>Getting help from the community</b></p> <p>Emergency services- how to get help when needed</p> <ul style="list-style-type: none"> <li>• Contact police service/ fire service/ ambulance and see if they will come in to do a talk</li> </ul> <p><b>Expectations when living in the wider world</b></p> <ul style="list-style-type: none"> <li>• How do we behave when...</li> <li>• What do we have a responsibility to look after?</li> </ul>
<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Tying shoe laces</a></li> </ul>	<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Worry</a></li> </ul>	<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Practice makes perfect</a></li> </ul>

<p><b>Computer Safety</b>  <b>One Decision</b>  <ul style="list-style-type: none"> <li>• <b>Image sharing</b></li> </ul> </p>	<ul style="list-style-type: none"> <li>• <b>Anger</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Helping someone in need</b></li> </ul>
<p><b>Healthy Lifestyles Keeping/staying healthy</b>  <b>Making Healthy Choices</b>  <ul style="list-style-type: none"> <li>• Think about the importance of fruit and vegetables</li> </ul> <b>Managing Feelings</b>  What do I do if I am feeling...</p>	<p><b>Healthy Relationships</b>  <b>Listening to others and playing co-operatively</b>  <ul style="list-style-type: none"> <li>• Use scenarios that the children have found themselves in already.</li> <li>• How can they use this to learn how to respond next time?</li> </ul> <b>Appropriate and Inappropriate behaviours- teasing and bullying</b>  <ul style="list-style-type: none"> <li>• Link with Anti-bullying week</li> <li>• See appropriate yearly resources</li> </ul> </p>	<p><b>Environment- Link with weekly Gardening group</b>  <b>Looking after our environment</b>  <ul style="list-style-type: none"> <li>• What can we do to keep our school clean and tidy?</li> <li>• What do we see on a daily basis that show us that we don't always look after our environment</li> </ul> <b>Looking after our environment- Garden and Grounds</b>  <ul style="list-style-type: none"> <li>• What can we do to keep our school clean and tidy?</li> <li>• What do we see on a daily basis that show us that we don't always look after our environment</li> </ul> <b>Money-Link to Charity work.</b>  <b>Keeping track of money</b>  <ul style="list-style-type: none"> <li>• Why is money important in the world?</li> <li>• Show children money and get them to think about the different value</li> <li>• Link with Maths</li> </ul> <b>How to spend money safely</b>  <ul style="list-style-type: none"> <li>• Show children different methods of payment.</li> <li>• What is safe?</li> <li>• What is dangerous?</li> </ul> </p>
<p><b>One Decision</b>  <ul style="list-style-type: none"> <li>• <b>Brushing teeth</b></li> <li>• <b>Healthy Eating</b></li> </ul> </p>	<p><b>One Decision</b>  <ul style="list-style-type: none"> <li>• <b>Bullying</b></li> <li>• <b>Body language</b></li> </ul> </p>	<p><b>One Decision</b>  <ul style="list-style-type: none"> <li>• <b>Baseline – assessment guide</b></li> <li>• <b>Money matters</b></li> </ul> </p>
<p><b>Growing and Changing-</b>  <b>Link to Growth Mindset work</b>  <b>Journey In Love</b>   <b>Stand alone topic - Fire safety</b></p>	<p><b>Valuing Difference</b>  <b>Identifying difference</b>  <ul style="list-style-type: none"> <li>• How are we different?</li> <li>• Children to think of differences in their classes</li> </ul> <b>Valuing Difference</b>  <ul style="list-style-type: none"> <li>• Using all the information from previous lesson on identifying different- encourage children to celebrate.</li> </ul> </p>	
<h2 style="color: red;">Year 3</h2>		
<p><b>Health and Wellbeing</b>  (Keeping Safe, Healthy Lifestyles, Growing and Changes)</p>	<p><b>Relationships</b>  (Feelings and Emotions, Healthy Relationships, Difference)</p>	<p><b>Living in the Wider World</b>  (Rights and Responsibilities, Environment, Money)</p>
<p><b>Keeping Safe</b>  <b>Who helps us feel safe and healthy?</b></p>	<p><b>Feelings and Emotions</b>  <b>Recognising feelings in others</b></p>	<ul style="list-style-type: none"> <li>• <b>Rights and Responsibilities</b>  <b>Identify what is meant by 'a moral citizen'</b></li> </ul>

<ul style="list-style-type: none"> <li>Identify key people in our lives who support our development</li> </ul> <p><b>How to respond if someone needs help</b></p> <ul style="list-style-type: none"> <li>Show children different scenarios and encourage them to think about how they would access help</li> </ul>	<ul style="list-style-type: none"> <li>How can I appropriately respond when someone is clearly feeling a different way to me</li> <li>Link to work with restorative approaches</li> </ul> <p><b>Responding appropriately to people's feelings</b></p> <ul style="list-style-type: none"> <li>How to recognise how people are feeling</li> <li>When it is appropriate to respond</li> <li>How to respond when...</li> </ul>	<ul style="list-style-type: none"> <li>Opportunity to debate different opinions.</li> <li>Explore language- what is morality? What is a citizen?</li> </ul> <p><b>How can you be involved in the community?</b></p> <ul style="list-style-type: none"> <li>What opportunities are there for me to be a moral citizen?</li> </ul> <p>Think about Marple community in particular</p>
<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>Staying safe</li> <li>Leaning out of windows</li> <li>Summative assessment – assessment guide</li> </ul> <p><b>Computer Safety</b></p> <p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>Making friends online</li> <li>Computer safety documentary</li> <li>Summative Assessment – assessment guide</li> </ul>	<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>Grief</li> <li>Summative assessment</li> </ul>	<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>Stealing</li> <li>Summative assessment</li> </ul>
<p><b>Healthy Lifestyles Keeping/staying healthy</b></p> <p><b>What makes a balanced diet?</b></p> <ul style="list-style-type: none"> <li>Identify the impact of a healthy diet on the body (link with Science)</li> </ul> <p><b>Opportunities for making our own choices</b></p> <ul style="list-style-type: none"> <li>How can others influence our choice and how do we make sure we are making the right choices to be healthy and active?</li> </ul>	<p><b>Healthy Relationships</b></p> <p><b>Describe positive relationships and friendships</b></p> <ul style="list-style-type: none"> <li>Encourage the children to recognise when a relationship is healthy and unhealthy</li> <li>Focus on bullying in particular</li> </ul> <p><b>How actions affect ourselves and others</b></p> <ul style="list-style-type: none"> <li>Treating all children with respect in school</li> <li>Recognising and appreciating our different qualities</li> </ul>	<p><b>Environment- Link with weekly Gardening group-local</b></p> <p><b>How can we look after our planet?</b></p> <ul style="list-style-type: none"> <li>What is our responsibility when looking after the planet?</li> <li>How can we make sure that we look after our environment?</li> </ul> <p><b>What effects are we having on our planet?</b></p> <ul style="list-style-type: none"> <li>Show children clips from blue planet/ planet earth</li> <li>Recognise the impact of the way that we live our lives</li> <li>Find out more online about environmental issues</li> </ul>
		<p><b>Money-Link to charity work</b></p> <ul style="list-style-type: none"> <li>Why is money important in the world?</li> <li>Show children money and get them to think about the different value</li> <li>Link with Maths</li> </ul> <p><b>What is an enterprise? What does it mean?</b></p> <ul style="list-style-type: none"> <li>Project Opportunity charity fundraising</li> </ul> <p><b>Developing skills in enterprise</b></p> <ul style="list-style-type: none"> <li>Project Opportunity</li> </ul>
<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>Medicine</li> <li>Summative assessment – assessment guide</li> </ul>	<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>Touch</li> <li>Summative assessment – assessment guide</li> </ul>	<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>Money matters</li> <li>Summative assessment – Assessment guide</li> </ul>

<p><b>Growing and Changing</b>  <a href="#">Link to Growth Mindset work</a>  <b>Journey In Love</b></p>	<p><b>Valuing Difference-Link to anti-bullying week</b>  <b>Recognising what bullying is</b></p> <ul style="list-style-type: none"> <li>• What is the difference between bullying and an isolated incident</li> </ul> <p><b>How to respond when you think that someone is being bullied</b></p> <ul style="list-style-type: none"> <li>• Link to charity work: bullying uk/ childline</li> <li>• Recognise key adults who can help</li> </ul>	
<h2 style="color: red;">Year 4</h2>		
<p><b>Health and Wellbeing</b>  <small>(Keeping Safe, Healthy Lifestyles, Growing and Changes)</small></p>	<p><b>Relationships</b>  <small>(Feelings and Emotions, Healthy Relationships, Difference)</small></p>	<p><b>Living in the Wider World</b>  <small>(Rights and Responsibilities, Environment, Money)</small></p>
<p><b>Keeping Safe</b>  <b>Who helps us feel safe and healthy?</b></p> <ul style="list-style-type: none"> <li>• Identify key people in our lives who support our development</li> </ul> <p><b>How to respond if someone needs help</b></p> <ul style="list-style-type: none"> <li>• Show children different scenarios and encourage them to think about how they would access help</li> </ul>	<p><b>Feelings and Emotions</b>  <b>Recognising feelings in others</b></p> <ul style="list-style-type: none"> <li>• How can I appropriately respond when someone is clearly feeling a different way to me</li> <li>• Link to work with restorative approaches</li> </ul> <p><b>Responding appropriately to people’s feelings</b></p> <ul style="list-style-type: none"> <li>• How to recognise how people are feeling</li> <li>• When it is appropriate to respond</li> <li>• How to respond when...</li> </ul>	<p><b>Rights and Responsibilities</b>  <b>Identify what is meant by ‘a moral citizen’</b></p> <ul style="list-style-type: none"> <li>• Opportunity to debate different opinions.</li> <li>• Explore language- what is morality? What is a citizen?</li> </ul> <p><b>How can you be involved in the community?</b></p> <ul style="list-style-type: none"> <li>• What opportunities are there for me to be a moral citizen?</li> </ul> <p>Think about Marple community in particular</p>
	<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>• <b>Grief</b></li> <li>• <b>Summative assessmen</b></li> </ul>	<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>• <b>Stealing</b></li> <li>• <b>Summative assessment</b></li> </ul>
	<p><b>Healthy Relationships</b>  <b>Describe positive relationships and friendships</b></p> <ul style="list-style-type: none"> <li>• Encourage the children to recognise when a relationship is healthy and unhealthy</li> <li>• Focus on bullying in particular</li> </ul> <p><b>How actions affect ourselves and others</b></p> <ul style="list-style-type: none"> <li>• Treating all children with respect in school</li> <li>• Recognising and appreciating our different qualities</li> </ul>	<p><b>Environment- Link with weekly Gardening group-local</b>  <b>How can we look after our planet?</b></p> <ul style="list-style-type: none"> <li>• What is our responsibility when looking after the planet?</li> <li>• How can we make sure that we look after our environment?</li> </ul> <p><b>What effects are we having on our planet?</b></p> <ul style="list-style-type: none"> <li>• Show children clips from blue planet/ planet earth</li> <li>• Recognise the impact of the way that we live our live</li> <li>• Find out more online about environmental issues</li> </ul>
<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>• <b>Staying safe</b></li> <li>• <b>Leaning out of windows</b></li> <li>• <b>Summative assessment – assessment guide</b></li> </ul>	<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>• <b>Touch</b></li> <li>• <b>Summative assessment – assessment guide</b></li> </ul>	

<p><b>Computer Safety</b>  <b>One Decision</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Making friends online</a></li> <li>• <a href="#">Computer safety documentary</a></li> <li>• <a href="#">Summative Assessment – assessment guide</a></li> </ul>		
<p><b>Healthy Lifestyles Keeping/staying healthy</b>  <b>What makes a balanced diet?</b></p> <ul style="list-style-type: none"> <li>• Identify the impact of a healthy diet on the body (link with Science)</li> </ul> <p><b>Opportunities for making our own choices</b></p> <ul style="list-style-type: none"> <li>• How can others influence our choice and how do we make sure we are making the right choices to be healthy and active?</li> </ul>	<p><b>Valuing Difference-Link to anti-bullying week</b>  <b>Recognising what bullying is</b></p> <ul style="list-style-type: none"> <li>• What is the difference between bullying and an isolated incident</li> </ul> <p><b>How to respond when you think that someone is being bullied</b></p> <ul style="list-style-type: none"> <li>• Link to charity work: bullying uk / childline</li> <li>• Recognise key adults who can help</li> </ul>	<p><b>Money-Link to charity work</b></p> <ul style="list-style-type: none"> <li>• Why is money important in the world?</li> <li>• Show children money and get them to think about the different value</li> <li>• Link with Maths</li> </ul> <p><b>What is an enterprise? What does it mean?</b></p> <ul style="list-style-type: none"> <li>• Project Opportunity charity fundraising</li> </ul> <p><b>Developing skills in enterprise</b></p> <ul style="list-style-type: none"> <li>• Project Opportunity</li> </ul>
<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Medicine</a></li> <li>• <a href="#">Summative assessment – assessment guide</a></li> </ul> <p>Growing and Changing  <a href="#">Link to Growth Mindset work</a>  Journey In Love</p>		<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Money matters</a></li> <li>• <a href="#">Summative assessment – Assessment guide</a></li> </ul>
<h2 style="color: red;">Year 5</h2>		
<p><b>Health and Wellbeing</b>  <i>(Keeping Safe, Healthy Lifestyles, Growing and Changes)</i></p>	<p><b>Relationships</b>  <i>(Feelings and Emotions, Healthy Relationships, Difference)</i></p>	<p><b>Living in the Wider World</b>  <i>(Rights and Responsibilities, Environment, Money)</i></p>
<p><b>Keeping Safe</b>  <b>Strategies for managing personal safety</b>  How to keep safe when children are outside of school</p>	<p><b>Feelings and Emotions</b>  <b>How to recognise how someone is feeling</b></p> <ul style="list-style-type: none"> <li>• How do you recognise how someone is feeling</li> <li>• Link to restorative approaches</li> </ul> <p><b>Responding when someone feels...</b>  What do you do when someone is feeling...?</p>	<p><b>Rights and Responsibilities</b>  <b>Rules and Laws</b></p> <ul style="list-style-type: none"> <li>• What is meant by a rule?</li> <li>• What is a law?</li> <li>• What are our rights and responsibilities as moral citizens?</li> </ul> <p><b>Anti-social behaviour</b></p> <ul style="list-style-type: none"> <li>• What is anti-social behaviour?</li> <li>• What is the problem with anti-social behaviour?</li> </ul>
<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Peer pressure</a></li> </ul>	<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Anger</a></li> </ul>	<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Looking out for others</a></li> </ul>
<p><b>Healthy Lifestyles Keeping/staying healthy</b>  <b>What positively and negatively affects health and wellbeing?</b></p>	<p><b>Healthy Relationships</b>  <b>Listening to others and learning from others</b></p> <ul style="list-style-type: none"> <li>• What can we offer each other?</li> </ul>	<p><b>Environment</b>  <b>How are our actions affecting the oceans?</b></p>

<ul style="list-style-type: none"> <li>The impact of social media on children’s health and wellbeing</li> </ul> <p><b>Making informed choices- benefits of a healthy and balanced diet</b></p>	<ul style="list-style-type: none"> <li>What can we learn from each other?</li> <li>What are we good at?</li> </ul> <p><b>Negotiation and Compromise- seeing all views and opinions</b></p> <ul style="list-style-type: none"> <li>Looking at how other people see things</li> </ul> <p><b>Valuing Difference- Restorative Ambassadors build on from Y4</b></p> <p><b>Recognising what children are good at and that we are all good at different things</b></p> <ul style="list-style-type: none"> <li>Activity: Children to write down what they are good at on their backs</li> </ul> <p><b>Raising concern and challenging something when you don’t believe that it is right</b></p> <ul style="list-style-type: none"> <li>Encourage children to have the confidence to do the right thing.</li> </ul>	<ul style="list-style-type: none"> <li>Explore Blue Planet and look at the impact that our lifestyle has on marine life</li> <li>What will happen if this continues?</li> </ul> <p><b>How are our actions affecting the climate?</b></p> <p><b>Global Warming</b></p> <ul style="list-style-type: none"> <li>Look at planet Earth- children to explore the impact of our lifestyle on the planet</li> <li>What will the consequences be if this continues?</li> </ul> <p><b>Money</b></p> <p><b>The Importance of finance in our lives</b></p> <ul style="list-style-type: none"> <li>Saving and budgeting</li> <li>What do we use money for?</li> <li>How can we make sure that we invest sensibly?</li> </ul> <p><b>Looking after money- debt management</b></p> <ul style="list-style-type: none"> <li>When we have money- what do we do to protect it?</li> </ul>
<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>Smoking</li> </ul> <p><b>Computer Safety</b></p> <p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>Image sharing</li> </ul>	<p><b>One Decision – A world without judgement</b></p> <p><b>Inclusion and acceptance</b></p>	<p><b>One Decision</b></p> <p><b>Enterprise</b></p>
<p><b>Growing and Changing</b></p> <p><b>Link to Growth Mindset work</b></p> <p><b>Personal Hygiene</b></p> <ul style="list-style-type: none"> <li>SRE letter to be sent</li> <li>Parents invited in</li> <li>Follow Diocesan Guidelines and policy</li> <li>Journey in Love</li> </ul>		<ul style="list-style-type: none"> <li></li> </ul>
<h2 style="color: red;">Year 6</h2>		
<p><b>Health and Wellbeing</b> (Keeping Safe, Healthy Lifestyles, Growing and Changes)</p>	<p><b>Relationships</b> (Feelings and Emotions, Healthy Relationships, Difference)</p>	<p><b>Living in the Wider World</b> (Rights and Responsibilities, Environment, Money)</p>
<p><b>Keeping Safe</b></p> <p><b>Resisting pressure- how to protect our body and speak out when something is wrong</b></p> <p>FGM</p>	<p><b>Feelings and Emotions</b></p> <p><b>Who can you trust?</b></p> <ul style="list-style-type: none"> <li>Who can you trust and not trust?</li> <li>What do you expect from people?</li> </ul> <p><b>How to make new friends</b></p> <ul style="list-style-type: none"> <li>Preparing for high school</li> <li>What should you look for in a new friend?</li> </ul>	<p><b>Rights and Responsibilities</b></p> <p><b>The rights of a child- cultural practice and British Law</b></p> <ul style="list-style-type: none"> <li>Link to British values- What are their rights as a child?</li> <li>What could change these?</li> </ul> <p><b>Being critical of what is in the media- what children pass on to others</b></p> <ul style="list-style-type: none"> <li>Introduce the concept of fake news- What can children believe?</li> </ul>

<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>• <b>Water safety</b></li> <li>• <b>Summative assessment – assessment guide</b></li> </ul>	<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>• <b>Worry</b></li> <li>• <b>Summative assessment – assessment guide</b></li> </ul>	<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>• <b>tealing</b></li> <li>• <b>Summative assessment – assessment guide</b></li> </ul>
<p><b>Healthy Lifestyles Keeping/staying healthy</b>  <b>Risk and effects of drugs</b></p> <ul style="list-style-type: none"> <li>• What are the positive and negative effects of taking drugs?</li> </ul> <p><b>Images in the media- how does this affect our wellbeing?</b></p> <ul style="list-style-type: none"> <li>• How do the media distort the truth?</li> <li>• Obsession over social media attention and ‘likes’ ‘dislikes’</li> </ul>	<p><b>Healthy Relationships</b>  <b>Recognising when relationships are unhealthy</b></p> <ul style="list-style-type: none"> <li>• What describes an unhealthy friendship?</li> <li>• How would you expect to feel?</li> </ul> <p><b>Personal boundaries and the right to privacy</b></p> <ul style="list-style-type: none"> <li>• The importance of protecting peoples personal space</li> </ul> <p><b>Valuing Difference</b>  <b>What makes people the same? What makes people different?</b></p> <ul style="list-style-type: none"> <li>• Identifying difference and celebrating it</li> <li>• How can we make everyone feel comfortable with who they are?</li> </ul> <p><b>Recognising and challenging stereotypes</b></p> <ul style="list-style-type: none"> <li>• What is a stereotype?</li> <li>• What can we do to challenge stereotypes?</li> </ul>	<p><b>Environment-Link to Changemakers</b>  <b>How resources are allocated to the world</b></p> <ul style="list-style-type: none"> <li>• Identify fair trade</li> <li>• How are the worlds resources allocated to countries?</li> </ul> <p><b>Difference between fair trade. How does it affect others?</b></p> <ul style="list-style-type: none"> <li>• Saving and budgeting</li> <li>• What is the impact of buying fair trade?</li> </ul> <p><b>Money</b>  <b>Business gang focus</b></p>
<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>• <b>Alcohol</b></li> <li>• <b>Summative assessment – assessment guide</b></li> </ul> <p><b>Computer Safety</b>  <b>One Decision</b></p> <ul style="list-style-type: none"> <li>• <b>Making friends online</b></li> <li>• <b>Summative assessment – assessment guide</b></li> </ul> <p><b>Growing and Changing</b>  <b>Link to Growth Mindset work</b></p> <ul style="list-style-type: none"> <li>• SRE letter to be sent</li> <li>• Parents invited in</li> <li>• Follow Diocesan Guidelines and policy</li> <li>• <b>Journey in Love</b></li> </ul>	<p><b>One Decision – A world without judgement</b></p> <ul style="list-style-type: none"> <li>• <b>British Values</b></li> <li>• <b>Summative assessment – assessment guide</b></li> </ul>	<p><b>One Decision</b></p> <ul style="list-style-type: none"> <li>• <b>In app purchases</b></li> <li>• <b>Summative assessment – assessment guide</b></li> </ul>
<p><b>PSHE</b>  <b>Core theme focuses</b></p>		
<p><b>Core Theme 1: Health and Wellbeing</b>  <b>Pupils should be taught:</b></p> <ul style="list-style-type: none"> <li>• what is meant by a healthy lifestyle</li> <li>• how to maintain physical, mental, and emotional health and wellbeing</li> </ul>	<p><b>Core Theme 2: Relationships</b>  <b>Pupils should be taught:</b></p> <ul style="list-style-type: none"> <li>• how to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts</li> </ul>	<p><b>Core Theme 3: Living in the wider world</b>  <b>Pupils should be taught:</b></p> <ul style="list-style-type: none"> <li>• about respect for self and others and the importance of responsible behaviours and actions</li> </ul>

- how to manage risks to physical and emotional health and wellbeing
- ways of keeping physically and emotionally safe
- about managing change, including puberty, transition, and loss
- how to make informed choices about health and wellbeing and to recognise sources of help with this
- how to respond in an emergency
- to identify different influences on health and wellbeing

- how to recognise and manage emotions within a range of relationships
- how to recognise risky or negative relationships including all forms of bullying and abuse
- how to respond to risky or negative relationships and ask for help
- how to respect equality and diversity in relationships

- about rights and responsibilities as members of families, other groups and ultimately as citizens
- about different groups and communities
- to respect diversity and equality and how to be a productive member of a diverse community
- about the importance of respecting and protecting the environment
- about where money comes from, keeping it safe and the importance of managing it effectively
- the part that money plays in people's lives
- a basic understanding of enterprise

- Subject content in black is covered through weekly **circles work** working in a **flexible way** to suit needs of cohort and as situations arise.
- Life caravan SCARF work covered in 3 day visit once per year. SCARF resources used to support wellbeing work throughout the year.
- NSPCC assembly and workshops every other year to cover PSHE areas of staying safe and keeping safe.
- Internet safety, Mental Health and Anti Bullying days marked with appropriate activities. Awareness raised through all opportunities throughout the year.
- Hazard watch unit between yrs 1-3 can be used as and when appropriate please discuss and decide where it may fit best.