

Clean Air Week

17–23 June 2019

This year's Clean Air Week focuses on encouraging people to walk or cycle when making shorter journeys.

Nearly a third of all journeys in Greater Manchester, less than 1km, are made by car. Think of the difference we could all make to our environment if we could swap one or more of those journeys by walking or cycling (or even scooting).

Children are amongst the groups most affected by air pollution, so cutting the levels of harmful gases that are present around schools is vital to protecting everyone's health.

There are some small, easy steps that can be made to make a difference.

Small steps make a big difference!



Clean Air
Greater
Manchester

#cleanairgm

We have a dedicated schools page on the CleanAirGM.com website with downloadable resource sheets and more information on what you can do to show you care about clean air.

There's even an educational game for the children to play and learn about the impact of air pollution!

CleanAirGM.com/clean-air-week

Below are some of our top tips and ideas for how you and your children can help clean up the air in Greater Manchester.

1. Walk, scoot or cycle more

Help reduce pollution and your exposure to it. And it's cheap and healthy!



Organise a scooter session

Using a scooter is a great way to travel, is faster than walking and is safe! You can also organize scooter training which makes for fun learning.

To find out more visit scootfit.co.uk

2. Choose quieter streets

Stay away from busy roads and slow moving traffic. Even moving a short distance away from traffic reduces your exposure to dirty air.

3. Leave the car for the school run

The school run can create high levels of air pollution at the schools gates. Can you walk or cycle with the kids?



How to Guide: Running your own Junior PCSO campaign to reduce parking at the school gates!

You might have seen the coverage Russell Scott Primary School generated when they decided to tackle the issue of vehicle emissions, as a result of inconsiderate parking around their school premises.

The Head teacher of the school has created a webpage that you can look at for useful ideas and tips, should you want to deliver your own activity.

To find out more go to headsup.russellscottblogs.net/2018/06/14/how-to-guide-running-your-own-junior-pcso-campaign

4. Engine off when you stop!

Switch your engine off to avoid a fine, cut down on air pollution, and save some fuel at the same time.



5. Don't drive under pressure

Correctly inflated car tyres can save fuel and reduce pollution by making sure your vehicle runs effectively.

6. Start a walking bus

This is especially helpful if you want your kids to travel on foot but can't accompany them every day.

You can find our resource sheets that has a useful guide on how to start a walking bus at: cleanairgm.com/resources-for-schools